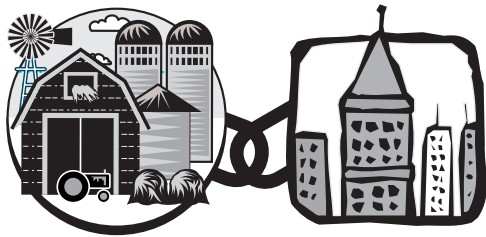


# Kingston Organic Foodlink



*Eat healthy, local,  
environmentally friendly,  
family-farmed food*

**Your guide to  
Kingston and area  
organic farms...  
what they grow and  
where to find them**



**COG**

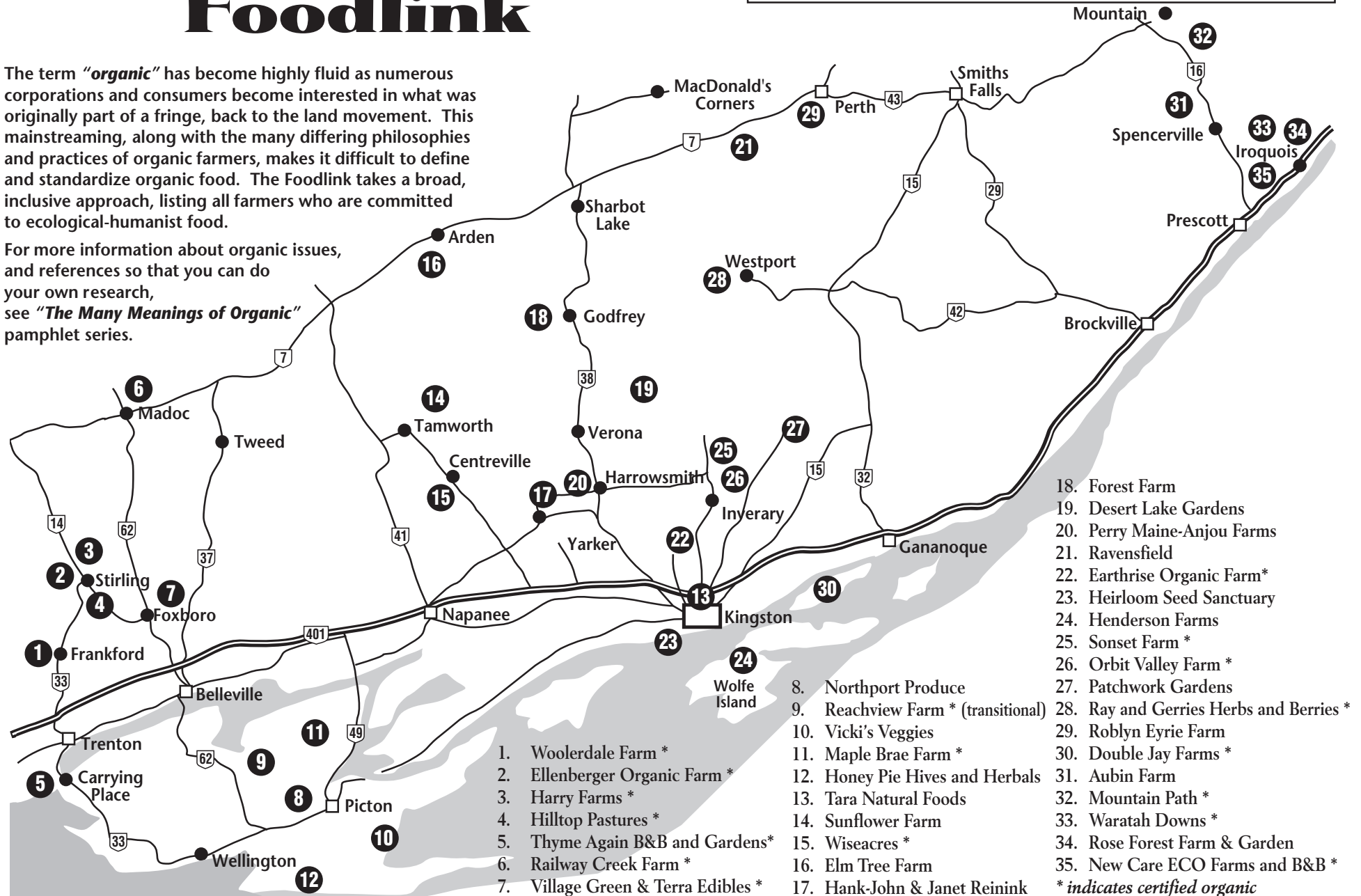


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The term "*organic*" has become highly fluid as numerous corporations and consumers become interested in what was originally part of a fringe, back to the land movement. This mainstreaming, along with the many differing philosophies and practices of organic farmers, makes it difficult to define and standardize organic food. The Foodlink takes a broad, inclusive approach, listing all farmers who are committed to ecological-humanist food.

For more information about organic issues, and references so that you can do your own research, see "*The Many Meanings of Organic*" pamphlet series.

**Belleville Market** - Saturdays, 8 am-12 pm, May to October  
**Brockville Market** - Saturdays, 8 am - 1 pm, May - November  
**Kingston Market** - Tuesdays, Thursdays and Saturdays, 8 am-5 pm  
**Madoc Market** - Saturdays, 8 am-12 pm, May to October



# Kingston Organic Foodlink FARM LISTING

## 1. Woolerdale Farm

255 Richards Road, Frankford  
(613) 398-6421, woolerdalefarm@yahoo.ca  
*Farmgate 9-6, The Village Green and Country Sunshine*  
Vegetables

## 2. Ellenberger Organic Farm

Stirling  
(613) 395-0364  
*Farmgate by appointment, Schroedter's Farm Market (Picton)*  
*The Village Green and Country Sunshine*  
Beef, eggs, vegetables, pick your own berries

## 3. Harry Farms

207 Carmel Road, Stirling  
h.harry@sympatico.ca  
*Farmgate by appointment*  
Spelt, rye, soybeans, buckwheat, red clover

## 4. Hilltop Pastures

1341 Sills Road, Stirling  
(613) 478-6078, [www.hilltoppastures.com](http://www.hilltoppastures.com)  
*Farmgate 10-4, CSA*  
Vegetables

## 5. Thyme Again B&B and Gardens

403 Smokes Point Rd, Carrying Place  
(613) 394-1139  
*Farmgate May 24 to mid Nov, 9-5*  
*CSA foodbox*  
Veggies, herbs, preserves, beef, eggs

## 6. Railway Creek Farm

Madoc  
(613) 473-5174 or (613) 473-2889  
*Farmgate 8am-5pm call ahead*  
*Belleville Market, Madoc Market*  
Veggies, raspberries, garlic

## 7. Village Green & Terra Edibles

535 Ashley Street, Foxboro  
(613) 961-0654, [www.thevillagegreen.com](http://www.thevillagegreen.com)  
*Tues-Sat 10-5*  
Beef, pork, bison, lamb, chicken, and heirloom seeds

## 8. Northport Produce

950 County Road 15, Picton  
(613) 476-4472, betty.c@sympatico.ca  
*Farmgate, foodbox possible*  
Vegetables, herbs, edible flowers

## 9. Reachview Farm (transitional)

1329 City Road 7, Picton  
(613) 476-0158, reachviewfarm@reach.net,  
[www.organicmeat.ca](http://www.organicmeat.ca)  
*Appointment, Country Sunshine*  
Poultry, rabbit, lamb, goats, eggs, barley,  
wheat, spelt, soybeans, poultry feed

## 10. Vicki's Veggies

81 Morrison Point Road, Prince Edward County  
(613) 475-7241  
*Roadside stand morning till night - seasonal*  
Fruits, vegetables and herbs

## 11. Maple Brae Farm

Prince Edward County  
(613) 476-5758, kmarisett@sympatico.ca  
*Weekly food box June- Oct, Country Sunshine*  
Vegetables

## 12. Honey Pie Hives and Herbals

Cherry Valley, near Picton  
(613) 476-3216, honeypiehh@hotmail.com  
*The Sleepless Goat (teas), Village Green, Country Sunshine, The Waring House (Picton) and the Bloomfield Bicycle Co.*  
Herbal teas, seasonings, ointments, body paint, bug spray, massage oil, toiletries

## 13. Tara Natural Foods

81 Princess St., Kingston  
(613) 546-4439  
*Retail and wholesale, 9 - 6 Mon. - Sat.*  
Local organic veggies and dairy from several farms

## 14. Sunflower Farm

Tamworth  
(613) 379-3066, [www.sunflowerfarm.ca](http://www.sunflowerfarm.ca)  
*Call for availability*  
Veggies and garlic

## 15. Wiseacres

1957 Centreville Road, Centreville  
(613) 378-2583, johnwise@istar.ca  
*Farmgate by appointment*  
Vegetables, meats, feed grains, straw, pick your own berries

## 16. Elm Tree Farm

Arden  
(613) 355-3361, elmtree@kos.net  
*CSA weekly foodbox*  
Fruits and vegetables

## 17. Hank-John & Janet Reinink

Desmond, near Yarker  
(613) 378-2479, reinink@kingston.net  
*Kingston Market - year round*  
Vegetables, berries

## 18. Forest Farm

9874 Canoe Lake Road, Godfrey  
(613) 273-5545, dhahn@rideau.net  
*Farmgate, Tara, Bearance's and Desert Lake foodbox*  
Maple syrup and garlic

## 19. Desert Lake Gardens

2213 Desert Lake Road, Hartington  
(613) 374-3047  
[www.dlgardens.com](http://www.dlgardens.com)  
*Phone and online orders delivered weekly to Kingston and area*  
Vegetables, herbs and produce from other local growers


## 20. Perry Maine-Anjou Farms

4547 Yarker Road, Harrowsmith  
(613) 377-6668  
*Farmgate, delivery*  
Beef, pork, maple syrup, veggies, preserves

## 21. Ravensfield

Maberly  
(613) 268-2248  
*Kingston Market, Foodsmiths in Perth, CSA foodbox in Perth only,*  
Veggies, herbs, pork

## 22. Earthrise Organic Farm

3113 Sydenham Road, Elginburg  
(613) 545-9214, info@limestonestables.com  
*Farmgate by appointment*  
Organic Meadow dairy products   
Eggs, pork, turkey


## 23. Heirloom Seed Sanctuary

of the Sister's of Providence  
1200 Princess Street, Kingston  
(613) 549-5833, seeds@providence.ca  
*Telephone orders, August 28<sup>th</sup> Tomato Day*  
Heirloom seeds and plants, workshops

## 24. Henderson Farms

Wolfe Island  
[www.hendersonfarms.on.ca](http://www.hendersonfarms.on.ca)  
*Kingston Market*  
Jams, Jellies and Marmalades

## 25. Sonset Farm

4403 Latimer Road, Inverary  
(613) 353-2260  
*Farmgate by appointment*  
Organic Meadow dairy products   
Glenburnie Grocery: spelt flour and kernels,  
beef, pork, veggies

## 26. Orbit Valley Farm

Inverary  
(613) 353-2403  
*Farmgate except Sundays*  
Duck, geese, turkeys, guinea hens, beef

## 27. Patchwork Gardens

Battersea  
(613) 353-1373, [meganjoslin@canoemail.com](mailto:meganjoslin@canoemail.com)  
*Kingston Market (Thursdays and Saturdays)*  
Vegetables and herbs


## 28. Ray and Gerries Herbs and Berries

874 Grady Road, Foley Mountain, Westport  
(613) 273-7595, [www.rayandgerries.com](http://www.rayandgerries.com)  
*Farmgate by appointment, Pasta Genova, Tara's, Kingston Market*  
Vegetables, herbs and berries year round  
from a biomass heated greenhouse

## 29. Roblyn Eyrie Farm

221 Ferrier Road, Perth  
(613) 267-9732, roblyn@saperaje.com  
*Farmgate by appointment, Foodsmith's in Perth*  
Pick your own veggies and berries, honey,  
eggs

## 30. Double Jay Farms

Howe Island  
(613) 546-0869, [www.organicmeadow.com](http://www.organicmeadow.com)  
Organic Meadow dairy products   
Dairy and beef

## 31. Aubin Farm

3015 County Road, Spencerville  
(613) 658-5721, aubinfarm@aol.com  
*Farmgate by appointment year round*  
*Brockville Market*  
Beef, lamb, turkey, vegetables

## 32. Mountain Path

10755 Pepperville Road, Mountain  
(613) 989-2973, [www.mountainpath.com](http://www.mountainpath.com)  
*9-5 Mon-Fri, call ahead to order*  
Stone ground organic flours

## 33. Waratah Downs

Iroquois  
(613) 652-1552  
*Farmgate by appointment, Brockville Market, pick your own veggies*  
Veggies, meats, soybeans, grains, flowers


## 34. Rose Forest Farm & Garden

RR#1 Iroquois  
(613) 652-6227, kwillis@ripnet.com  
*Gourmet garlic - home of the Seaway Valley Garlic Festival*

## 35. New Care ECO Farms and B&B

11603 Waddell Road, Iroquois  
(613) 652-4118, [www.geocities.com/biemondfarm](http://www.geocities.com/biemondfarm)  
*Farmgate by appointment year round*  
*Stay at the Bed and Breakfast for the full experience*   
Meats and Organic Meadow dairy products

## denotes certified organic by a third party

 Organic Meadow dairy products are sold at:  
*Glenburnie Grocery, Ontario Natural Food Coop, In Kingston at: Tara Natural Foods, A&P, Loblaws*

## The Kingston Organic Foodlink is organized by The Sleepless Goat Café and Workers' Coop

91 Princess Street, Kingston (613) 545-9646

We are a collectively owned and operated workers' coop cafe committed to socially and environmentally sustainable business practices. All workers share profits and we strive to pay ourselves a living wage. There are no bosses at the Goat. Decisions are consensus-based - everyone's input has equal value. This can take time, meetings are long, but people are amazingly respectful of each other, and committed to decisions, because we make them together.

We acknowledge the basic right of every person to high-quality, affordable food and will provide nourishment in our beautifully warm space, regardless of economic reality. Our food is made slowly, from scratch, with love. Whenever possible it is fair trade, local and organic. Our desserts are divine - the best in Kingston.

We offer catering, local art exhibits on the walls, and free musical performances. We engage in projects like the Foodlink to strengthen the health, independence, unity and diversity of the community we belong to. Please contact us if you want to add your organic farm to the map.

*We are happy to give away copies of this pamphlet for distribution, but would rather you didn't make photocopies - conventional copying is environmentally unsound.*

## About the Printing of this Brochure

The printing process at Clean Choice Printers uses a digital press and does not involve the use of any toxic chemicals or solvents. There is no water used in the process and there are no ozone emissions produced. Energy usage and CO<sub>2</sub> emissions are extremely low. For example, the printing of the Foodlink's 4,800 brochures used 1.44 kWh of power equal to approx. six cents worth of electricity and produced .00020 kg of CO<sub>2</sub>. All waste is recycled (paper & ink cartridges) or composted (print templates).

This newsletter was printed on 100% post-consumer recycled paper, which is one of the most environmentally sound choices available, as it consists entirely of materials collected in recycling programs, thereby reducing materials that would otherwise go into landfill. No virgin fibre was used.

Clean Choice Printers is a small business owned by two partners, Sandy and Don Rennick and has been in operation since 1997. For more information, contact them toll-free at 1-877-463-2639, e-mail [info@cleanchoiceprinters.com](mailto:info@cleanchoiceprinters.com) or visit the web site at [www.cleanchoiceprinters.com](http://www.cleanchoiceprinters.com).

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